



**WANGANUI**

**ROCK'n'ROLL**

**club inc.**



**march 10 newsletter**

# COMMITTEE 2009 / 2010

**President:** Donna Burns 343 9554, **Vice President:** Shane Williams 343 6791

**Secretary:** Jacky Adam 345 5972, **Treasurer:** John Williams 344 6309

**Bulletin Editor:** Kelvin Adam 345 5972, **Advertising:** John Williams/Donna Burns

**Demo's:** TBA, **Hall Maintenance:** Barry Barnes, **Hall Bookings:** Donna Burns 343 9554

**Spn/ship, Fundraising / Raffles:** Marlene Holloway, **Competitions:** June McGrath

**Catering:** Christine Williams 344 6309 with members help

**Events Coordinators:** All Committee

**Block Courses:** June McGrath / Alex Pirikahu, **Tutor Co-ordinator:** Gill Pirikahu 343 2232

**Tutors:** Committee June McGrath, Gill Pirikahu, Shane Williams, **Tutor Helpers:** Committee Karen Gadsby, Kathy Hylton,

Non-Committee Helen Cowen

**Coach:** Non-Committee Paul Searle

## FULL COMMITTEE:

Donna Burns, Jacky Adam, Kelvin Adam, Christine Williams, John Williams, Gill Pirikahu,

Kathy Hylton, Shane Williams, Marlene Holloway, Karen Gadsby, June McGrath,

Wendy Williscroft, Doug Broughton, Barry Barnes, Jan Barnes.

## NON-COMMITTEE HELPERS:

Danny Burns - Tutor, Alex Pirikahu - Tutor, Helen Cowen - Tutor Helper, Paul Searle - Coach,

Phil Walker, Phil Holloway, Michael Wallace.

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email: jackel03@xtra.co.nz or kelvin@haprint.com

*check out our website:*

**[www.wanganuirocknroll.org.nz](http://www.wanganuirocknroll.org.nz)**

*and our facebook site:*

**<http://www.facebook.com/group.php?gid=10813298426>**

## MEMBERSHIP

Family: \$50 Couple: \$45 Adult: \$35 Child: \$20

(some conditions may apply)

## **- BIRTHDAYS -**

### MARCH

Vicki Hagenaars ..... 15

Caitlin Hagenaars ..... 26

Kathy Hylton ..... 14

Dianne Butters ..... 29

Jacky Adam ..... 5

### APRIL

Craig Absolum ..... 2

Patrick Absolum ..... 6

Sue Walker ..... 22

Karen Gadsby ..... 2

Grant Wansborough ..... 13

Bruce Butters ..... 2

### MAY

Lo Hagenaars ..... 23

Mairangi Rei ..... 27

Jan Barnes ..... 31

Roger Clarke ..... 14

*Have a look at our Facebook site for  
videos of club members in action -*

**<http://www.facebook.com/group.php?gid=10813298426>**

se Kelvin if you want some of your photos loaded onto it

# Prezzy's Report...

Well it's that time again . . .  
The year has started off with a bang.

A group of us went over to Bush for their Birthday Hop; had a blast. Good to catch up with so many friends. Thanks John and Terry for another good night - Great supper.

Jamboree in Stratford and around 20 of us went and brought home the trophy; about time. Thanks John and his team for another great night had by all.

Next was our West Coast Regionals where we had around 130 people attend. The hall was packed with around 45 from Bush. They had 14 dancers, all young guys n gals, and weren't they fantastic, supporting each other and a credit to John and Terry. Hope to see them dance in our Club Champs Invitation section later in the year. Congratulations to all who passed assessment for Senior Nationals. We have a team of 42 going this year.

Thanks to Kelvin for doing the music, June for organising the competition and everyone else who helped one way or another. We had a Top Team event this year and what a hoot. All three teams were great. We did miss our friends from Harbour City (Miles and Sheryn), hope to see you at Club Champs in July.

Club night on Wednesday has really picked up. We have around 40 - 50 people a night at the moment - fantastic.

Well that's enough dribble for now; hope to see you at our Birthday Hop on 8th of May. We are having a Live Band - "FlashBack".

Keep on a rockin.

Donna

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# WOT'S ON !!

## MARCH

6 West Coast Champs @ our Hall.  
13 NO JUMPS @ Morrinsville.

## APRIL

10 Hop - 70s theme - @ our Hall  
17 Rose City Hop

## MAY

8 23rd Birthday Hop @ our Hall.

## JUNE

12 Central Districts Fun Challenge.

## JULY

10 Club Champs @ our Hall.  
17 Rose City Club Champs

## AUGUST

## SEPTEMBER

11 Hop @ our Hall.

## OCTOBER

Labour W/end Senior Nationals @ Wellington.  
30 Rose City Halloween Hop

## NOVEMBER

27 Central Districts Xmas Hop @ Rose City.

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# WINTERSUN 2010

## To all Kiwi Rockers,

Just thought you might like to mention the Wintersun Festival in Coolangatta, Australia (June 4 to 14, 2010) to your club members, via your Email list or Club Newsletter.

Lots of kiwi rock n rollers go to this and there are good deals on flights and accommodation if you book early (like now!). The Flight Centre and House of Travel are very helpful or you can book direct with the airlines online etc. (A popular flight is with Pacific Blue leaving Auckland on Friday 4th June at 4.15pm direct to Coolangatta).

We are hoping that there will be a big contingent of kiwi rockers this year and we are producing some T-shirt transfers and labels for luggage or clothing if anyone is interested.

My email address is: <garyglitta@xtra.co.nz> Wintersun website: <http://www.wintersun.org.au>

Regards, - Gary Merrylees

# New Zealand Masters Games

is to be held through the week

**4 February until 13 February 2011**

with Rock n Roll to be held on Saturday 5th February.

It will be held in the Games Village as it was in 2009

as this was the best Masters Games for Rock n Roll - ever.

Let us know what events you would be interested in competing in (Triples, Top Teams etc) so we can possibly look at extending this hugely popular event.

It is not too early to book accommodation and I would suggest you start seriously thinking about spending a few balmy summer days in our beautiful city.

## The Child Play

A young boy enters a barber shop and the barber whispers to his customer in the chair, "This has to be the dumbest kid in the world. Watch while I prove it to you."

The barber puts a dollar coin in one hand and three 20c pieces in the other, then calls the boy over and asks, "Which do you want, son?" The boy takes the 20c pieces and leaves.

"What did I tell you?" said the barber to his customer. "That kid just never learns!"

Later, when the customer leaves, he sees the same young boy coming out of the ice cream shop with an ice cream in hand and whistling a tune.

He walks over to him and says, "Hey, sonny, may I ask you a question? Why did you take the three 20c coins instead of the dollar coin?"

The boy licked his cone and replied with a huge smile and a wink, "Because the day I take the dollar, the game is over!"

## The easy way to health and fitness

Q: Doctor, I've heard that cardiovascular exercise can prolong life. Is this true?

A: Your heart only good for so many beats, and that it....don't waste on exercise. Everything wear out eventually. Speeding up heart not make you live longer; it like saying you extend life of car by driving faster. Want to live longer? Take a nap.

Q: Should I reduce my alcohol intake?

A: No, not at all. Wine made from fruit. Brandy is distilled wine, that mean they take water out of fruity bit so you get even more of goodness that way. Beer also made of grain. Bottom up!

Q: How can I calculate my body/fat ratio?

A: Well, if you have body and you have fat, your ratio one to one. If you have two bodies, your ratio two to one, etc.

Q: What are some of the advantages of participating in a regular exercise program?

A: Can't think of single one, sorry. My philosophy is: No pain...good!

Q: Aren't fried foods bad for you?

A: YOU NOT LISTENING! Food are fried these day in vegetable oil. In fact, they permeated by it. How could getting more vegetable be bad for you?!?

Q: Will sit-ups help prevent me from getting a little soft around the middle?

A: Definitely not! When you exercise muscle, it get bigger.. You should only be doing sit-up if you want bigger stomach.

Q: Is chocolate bad for me?

A: Are you crazy?!? HEL-LO-O!! Cocoa bean! Another vegetable! It best feel-good food around!

Q: Is swimming good for your figure?

A: If swimming good for your figure, explain whale to me..

Q: Is getting in shape important for my lifestyle?

A: Hey! 'Round' a shape!

**Well, I hope this has cleared up any misconceptions you may have had about food and diets.**

*And remember:*

Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well-preserved body, but rather to skid in sideways - Chardonnay in one hand - chocolate in the other - body thoroughly used up, totally worn out and screaming "WOO-HOO, what a ride!!"

*AND.....*

For those of you who watch what you eat, here's the final word on nutrition and health. It's a relief to know the truth after all those conflicting nutritional studies.

1. The Japanese eat very little fat and suffer fewer heart attacks than us.
2. The Mexicans eat a lot of fat and suffer fewer heart attacks than us.
3. The Chinese drink very little red wine and suffer fewer heart attacks than us.
4. The Italians drink a lot of red wine and suffer fewer heart attacks than us.
5. The Germans drink a lot of beer and eat lots of sausages and fats and suffer fewer heart attacks than us.

*CONCLUSION:*

Eat and drink what you like. Speaking English is apparently what kills you

***check out our website:***  
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***and our facebook site:***  
**<http://www.facebook.com/group.php?gid=10813298426>**

# Pahiatua Hop

It had been a horrible wet day, we have had a few of these this summer, but late afternoon the rain stopped and two car loads of rockers made their way for the yearly hop at Pahiatua.

As usual the same friendly faces, some old some new, good music and lots of fun. The games were fun - string game with string going down the trouser legs, down shirts etc and the paper game with pieces of paper on floor which got less and less, well done Danny and Karen G who got to the last two couples

And of course the Fish n Chip Supper plus fruit, marshmallows, chocolate fish.

Then we all danced the night away and I'm sure a night enjoyed by all.

Thankyou Marlene.



# Jamboree 2010

Four carloads of us went up to Midhurst (north of Stratford) for the Jamboree on Saturday 20th Feb, meeting briefly at the Kai Iwi turnoff at 5.15pm we all headed in convoy to Hawera's McD's for a quick tea, arriving at Midhurst just after 7pm.

A good turnout from our club meant we were able to lend dancers to the other 2 clubs when needed. We borrowed also for a couple of events where we were short of dancers. New Plymouth who held the shield were short on members this year due to other things being on at this busy time, but luckily Rose City arrived in time to bolster their numbers and help make the evening a success. Juniors, Same Sex, Unders & Overs, Seniors, Out of the Bag and the Skit kept us all busy and working up a sweat till well after 11.00pm before heading home after a very nice supper.

Thank you Taranaki for hosting us this year. We look forward to hosting you both in 2011 when we will be defending the shield. WE WON - Yay!





# Cliff Richard & The Shadows



- 27 February 2010 at Bowl of Brooklands, New Plymouth

The weather was great as we headed up to New Plymouth for what was to be the third time Kelvin & I would see Cliff Richard - "Peter Pan of Pop".

Some of the Smoothies were already up there, planning to stay overnight at Oakura Beach, but we, along with Christine & John, Ray & Lorraine Foster and Heather & Alan Brider left just after lunch, to come back the same night. We stopped off for a coffee break at Hawera, McDonalds, where we had been the previous Saturday with other Rock 'n Roll members on our way to the Jamboree at Midhurst.

Arriving at the venue around 5.45pm we found our way to our seats after buying a quick \$14 meal at one of the many food caravans on site. We were lucky enough to score preferential seating, thanks to Rosalind Thomsen who has been a member of the Cliff Richard fan club for years. A little bit more expensive, but well worth the cost, no struggling up the hill.

At around 6.30pm, John Rowles entertained for half an hour singing his wellknown hits which the very large crowd seemed to enjoy and also making fun of the fact that he voted himself off "Dancing with the Stars". He blamed his high blood pressure on his dancing partner - the lovely longlegged Krystal. He finished his segment around 7.00pm.

At 7.30pm Cliff & the Shadows came on. On time as well. They were all brilliant, very professional and the crowd was rapt. All have weathered very well as could be seen when viewing them on the large screen above the stage. Cliff sang all of his old numbers which is what the crowd wanted to hear. Apparently he had his first hit at 17 and has had quite a few since. He did a rendition of Guy Mitchell's "Singing the Blues" but I personally preferred the former version. What I did enjoy was the fact that he slightly altered the arrangement of some of his songs which probably makes it more interesting for them as well. When Cliff wasn't singing, the Shadows took over to play their wellknown hits - Apache, Atlantis etc. One of their hits actually knocked one of Cliff's off the charts years ago. Three of the original Shadows were there - Hank Marvin, Bruce Welch and Brian Bennett. I don't think there would be anyone at the Park that night who did not enjoy themselves as Cliff's songs certainly bring back memories for people and at least you can understand what he is singing about.

Looking forward to his return visit sometime.

Thankyou Jacky A

# West Coast Champs

Doors opened at 4.00pm this year and competition began just after 5.00pm with a swag of Best Dressed events.

A very popular event, Best Dressed had semi's and finals again at this competition. Senior Restricted was the first dancing event, again semi's and finals, with seven couples competing for the medals.

Then the Junior Open Finals with Bush turning out in force with heaps of young ones competing for the first time.

They put on a great show and you can see the Judd style coming out in these youngsters. They will be good to watch in the coming years I reckon.

Masters combined with Diamond, followed by a new event this year - Top Team, with three teams competing. Two from Wanganui and Bush Babies. I have loaded short videos of them on

Facebook - check them out - they were fantastic and I hope this event will carry through to next year following its success on Saturday night. Junior and Senior Triples followed with two new triples from Wanganui on





display. I trust all you guys are competing at Nationals this year? Same Sex with five Bush Juniors and four Wanganui Seniors strutting their stuff. Unders and Overs was next followed by the Senior Restricted Final before the competition ended with a great Golden/Platinum show from Alex & Shona and Scott & Kath. I deliberately gave a real slow song "Such An Easy Question" cos I knew they would both make a great job of it, and they didn't disappoint.



Another great night of competition and fun and supper and



more dancing, and more dancing. I had to turn the music off in the end as some people just don't know when to go home.



# RESULTS

Best Dressed Junior Girl: 1st Dayna; 2nd Charlotte; 3rd Sharvarne

Best Dressed Senior Lady: 1st Kath; 2nd Shona; 3rd Marlene

Best Dressed Junior Boy: 1st Tom, 2nd Matthew, 3rd Caleb

Best Dressed Senior Man: 1st kelvin; 2nd Phil H; 3rd Scott

Best Dressed Junior Couple: Charlotte & Ethan;  
2nd Brittany & Maddy; 3rd Sharvarne & Matthew

Best Dressed Senior Couple: 1st Jacky & Kelvin; 2nd Karen & Brian;  
3rd Paula & Bob

Junior Open: 1st Maddy & Brittant; 2nd Matthew & Sharvarne;  
3rd Ethan & Charlotte

Masters: 1st Brian & Karen; 2nd Butch & Karen

Diamond: 1st Brian & Barbara; 2nd Ned & Patricia

Top Team: 1st Wanganui Last Minute Wonders; 2nd Bush Babies;  
3rd Wanganui Harassments

Best Dressed Junior Triples: 1st Maddy, Brittany & Dayna;  
2nd Matthew, Sharvarne & Fay; 3rd Micheal, Sam & Hannah

Best Dressed Senior Triples: 1st Alex, Shona & Kath; 2nd Phil,  
Marlene & Diane; 3rd Scott, Paula & Gill

Junior Triples: 1st Maddy, Brittany & Dayna; 2nd Matthew,  
Sharvarne & Fay; 3rd Micheal, Sam & Mycah

Senior Triples: 1st Scott, Paula & Gill; 2nd Alex, Shona & Kath;  
3rd Phil, Marlene & Diane

Best Dressed Junior Same Sex: 1st Dayna & Abbie; 2nd Sam &  
Mycah; 3rd Tayla & Nikita

Junior Same Sex: 1st Dayna & Abbie; 2nd Fay & Jessica;  
3rd Tayla & Nikita

Best Dressed Senior Same Sex: 1st Kath & Shona; 2nd June & Karen;  
3rd Gill & Donna

Senior Same Sex: 1st Kath & Shona; 2nd  
= June & Karen and Gill & Donna; 3rd  
Paula & Patricia

Unders and Overs: 1st Maddy & Kelly;  
2nd Scott & Celone; 3rd Tom & Tamara

Senior Restricted: 1st Bob & Paula;  
2nd John & Christine; 3rd Butch & Karen

Golden: 1st Alex & Shona

Platinum: 1st Scott & Kath



JOIN OUR NEW NEWFACEBOOK PAGE FOR VIDEOS AND PICS  
<http://www.facebook.com/group.php?gid=10813298426>

# Garage Sale

17th April from 8am at our hall.

Any goods not sold must be taken away so as not to clutter the hall any more than it is already.

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It is not too early to book accommodation and I would suggest you start seriously thinking about spending a few balmy summer days in our beautiful city.

There are over 60 sports to enter, not just Rock n Roll, and the entertainment in the Games Village every night is unbelievable.

*Check this site out now . . .*

**<http://www.nzmg.com/>**



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*supporting our Community*

### **NEXT Newsletter**

Will be out probably June 2010.

All contributions whether they are articles, clear photos, jokes or anything of interest are most welcome and should be given to Kelvin, the newsletter editor as soon as possible to avoid missing deadlines.

**CONTRIBUTORS MOST WELCOME!!!!!!**

You can email Kelvin at  
[jackel03@xtra.co.nz](mailto:jackel03@xtra.co.nz)

or [kelvin@haprint.com](mailto:kelvin@haprint.com) if your articles are able to be emailed - saves retyping